

Counseling Services

- **California Family Institute** in Costa Mesa offers individual and family therapy on a sliding scale. <http://www.californiafamilyinstitute.org/>
- **Chapman University, Frances Smith Center** provides individual and family therapy by Marriage and Family Therapist Trainees supervised by licensed clinicians on a sliding scale. <http://www.chapman.edu/crean/academic-programs/graduate-programs/ma-marriage-family/frances-smith-center.aspx>
- **Child Guidance Center** helps families achieve healthier, better balanced lives through innovative counseling, treatment and educational enrichment programs. Accepts Medi-Cal coverage at clinics throughout Orange County. www.childguidancecenter.com
- **F.A.C.E.S. (Family Assessment Counseling & Education Services, Inc.)** offers parenting and teen anger management classes, in addition to individual, couple and family counseling. Fees are on a sliding scale, depending upon income. <http://www.facescal.org/>
- **The Gary Center**, located in La Habra, provides counseling services on a sliding scale, based upon household income. www.garycenter.org
- **USC Telehealth** offers free counseling via secured computer/internet connection to families having children with special needs. www.usctelehealth.com
- **Western Youth Services** provides mental health services to children, adolescents and families having Medi-Cal coverage at clinics throughout Orange County. www.westernyouthservices.org