

ACES Advancing Futures: Adult ABA Program Targets

Community Skills

- Community safety
- Using public transportation
- Courteous public behavior
- Community involvement
- Awareness of people in the community
- Telephone skills
- Making purchases and managing finances
- Appropriate eating habits
- Time management- following a schedule
- Adjusts to changes in routine

Socialization

- Greetings
- Communication
- Physical appearance
- Social rules

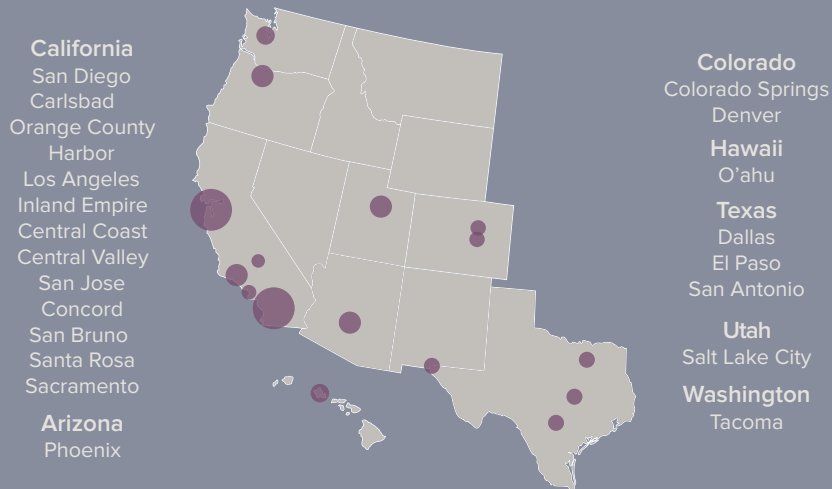
- Engaging in public entertainment (e.g., movies)
- Stranger safety
- Assertiveness
- Emotional control
- Self-monitoring
- Leisure skills

Life Skills

- Personal hygiene
- Physical fitness
- Selecting entertainment
- Sexual education
- Phone, Email, social media communication
- Time management
- Financial management
- Assertiveness skills
- Simple shopping
- Table manners
- Use of calendar



Advancing Futures: Adult ABA Program



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Overview

ACES Advancing Futures: Adult ABA Program is a program for adults with autism and other developmental disabilities ages 18 and up. Through the use of Applied Behavior Analysis techniques, ACES provides adults with center-based as well as community-based instruction to increase independence in the areas of daily living skills, socialization, and community integration. Each individual will be included in every step of their program and skills will be developed to achieve their goals.

Program Information

ACES Advancing Futures: Adult ABA Program is open every day of the week to ensure flexibility for our adult participants.

- Participants must be 17 years or older and conserved
- Participants must meet the pre-requisites for the adult program prior to participation
- The parent/guardian or participant is responsible for the fees pertaining to the community outing as well as the fees of the staff member supporting them during the outing



Adult Groups Offered

1. Adult Life Skills Group

These clients will work on life skills in various settings (clinic and home, and particular community outings if appropriate). The focus will be to increase independence with basic life skills, such as cooking and personal hygiene. Once a client has mastered life skills in their home or Advancing Futures: ACES Adult ABA Program, they will graduate to the community and social based adult group.

2. Community and Social Based Adult Group

These clients will work on integrating into the community while learning advanced skills that will help reach a more independent lifestyle in numerous social contexts. These clients will participate regularly in community based instruction and social skills training session at Advancing Futures: ACES Adult ABA Program.

How to Enroll

If you are a current ACES client, please contact your supervisor to enroll in the Advancing Futures: Adult ABA Program.

For more information about enrolling in ACES Advancing Futures Program visit us at www.ACESaba.com/social.

